



It's not often you run into a band like this. The question is - have you ever done it?

The Fat is the longing of your neon dreams and the steady pulse of your loveshaped heart. The 80's feel for production, melodies and strong lyrics meets a timelessness where well-written songs are the guiding star. Be prepared for bombs and grenades - rock'n'roll and power ballads!

We promise The Fat lives up to the name. There is no skimping on ear candy when this Uppsala septet sets the tone. With their debut album release you can now enjoy the glory at home, at work or why not at the gym?

The Fat challenges you - try to resist, try to stand still, try to be bored - you know deep down you love it...

The Fat is:

Elin Eriksson - Vocals

Kim Westin - Electric guitar

Markus Miljand - Electric guitar

Sigge Vestman - Synthesizer

Karl Olsson - Electric bass

Kristoffer Widman - Drums

Mats Bergström - Saxophone

Bio

The band was formed in 2021 from the rubble of Karl Olsson and Power of people by Markus Miljand and Karl Olsson. The ambition was to play rock and have fun. Kim Westin and Kristoffer Widman joined and a period of exploration, jamming and songwriting began. After a while it was clear this could be something really good, so plans were made to record a debut album. This was to be a

spectacular live album, which is why a venue was rented for the purpose. The gig took place and recording went well. In the audience was a certain Elin Eriksson (drummer of Hysterica) who after the gig walked up to the band and said the winged words "I can make your fantastic songs shine like gold". There and then she became a member of the band and plans were made for a record recording. The first part of the recording took place in Tobo Folkets Hus in the autumn of 2022 where 6 songs were tracked. Then followed a period of recordings, rearrangements and even the incorporation of yet another musician in the form of Mats Bergström. As the songs were finished, the idea arose that this deserves to be a whole album since there was plenty of song material. Said and done, the basics for another 5 songs were recorded during 2023. During 2023 and the first half of 2024, the focus has been on completing a fantastic album. The album should be seen as a sequel to the band's unreleased debut.

In May 2024, The Fat was ready to captivate a live audience and the first gig was carried out with a response that "Among the best things I've heard in my entire life" and "You should play at Sweden Rock". The band has since played around Uppsala, including at Katalin and Kulturnatten, and during this period has both strengthened the band with Sigge Vestman on keyboards and perfected a live show that is ready to be exported.

On September 5, the first single "Now and forever on" was released and on October 11 the next single "We where the young". Debut album "Emotion boulevard" was released on November 15h on streaming services and two weeks later a vinyl version was released which was celebrated with a spectacular and much appreciated live performance.